

Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Telephone (day) _____

(evening) _____

e-mail _____

Return with \$15 suggested donation by January 20. All are welcome, even if you cannot make a donation!

Overnight accommodations available for \$55.

Sister Noreen Walter
Marillac Center
4200 South 4th Street
Leavenworth, KS 66048
retreats@scls.org
(913) 758-6552

Registration Deadline:

Please register by January 20th.

Register on line at
www.marillaccenter.org

Or e-mail us at retreats@scls.org

Marillac Center

4200 S. 4th Street
Leavenworth, KS 66048
Phone: 913-758-6552

e-mail: retreats@scls.org

www.MarillacCenter.org

Making Things New

January 28, 2012

Marillac Center

Leavenworth, Kansas
10:00 a.m. to 2:00 p.m.



SISTERS OF CHARITY
OF LEAVENWORTH

Making Things New

January 28, 2012

10:00 a.m to 2:00 p.m.

What would give you NEW Life, NEW Energy and NEW intentions in 2012? This retreat will be facilitated by Cathy Newton and Sister Noreen Walter.

Cathy NEWton and Sister NEW (Noreen Ellen Walter) will weave together a retreat to help you:

- ◆ Discover NEW possibilities,
- ◆ Face the challenges of change, and
- ◆ Live in the present moment.

Come begin aNEW in 2012 with this day!

Want to make this a real get-a-way weekend? Over night accommodations are available at Marillac Center for \$55 per night. Let us know if you wish to stay overnight!

Give yourself the gift of this day!

This is a special day for the beginning of a NEW year! It is especially good if you are interested in making changes in your life! Don't miss this opportunity for a really enjoyable day.

This day will begin at 10:00 a.m. Arrive anytime after 9:30 for coffee and relaxing, while meeting others on the retreat day! The Kansas City Alumna Board from the University of Saint Mary and other Alums will join us for this presentation and day! Don't miss this opportunity for NEWness in your life. The retreat will conclude at 2:00 p.m.

9:30	Arrival and coffee
10:00	Presentation
12:00	Lunch
1:00	Presentation

Do you resist change in your life? Are you open to seeing NEW possibilities and making positive changes? This day will help you:

- ◆ Recognize the signs of change-resistance.
- ◆ Understand why people naturally resist change.
- ◆ Identify strategies that will help you be more innovative and change-ready.
- ◆ Bring NEWness to your life.

It's a NEW YEAR — be a NEW YOU!

Our Presenters



Professional speaker, Cathy Newton, helps people take the right risks for personal/professional growth and helps organizations build a risk-taking culture.

She is a speaker, author and facilitator who helps people take on challenge, improve performance and regain energy through making all things NEW!

Cathy is the author of three books: *Living in Full Swing*, *RISK IT!* and *It Takes Character*.



Sister of Charity, Noreen Walter, SCL is the director of Marillac Center. She has given numerous retreats and workshops in the United States and Canada. Sister Noreen's sense of

humor and delight in life encourage others to live life to the fullest. She inspires others with stories and examples from life! Her fifteen years in secondary education, along with her work in pastoral ministry and vocation ministry, have lead others to live inspired lives with purposeful living.

Sister Noreen is a certified Spiritual Director and holds a master's degree in Pastoral Studies from Loyola Marymount University.