

Registration Form

Rest Stops for Busy Women

Name: _____

Address: _____

Phone: (day) _____
(cell) _____

E-mail: _____

Donation for this retreat is \$40 and includes lunch. All are welcome even if you cannot afford the donation. Scholarships are available.

Need a real REST STOP? You are welcome to stay overnight at Marillac Center and rest a little longer.

Overnight accommodations are \$55.

___ Yes I wish overnight accommodations

___ Friday ___ Saturday

(Make checks payable to Sisters of Charity)

Marillac Center
4200 S. 4th Street
Leavenworth, KS 66048

Or register by email: retreats@scls.org
Please register by February 17th

To contact us:

(913) 758-6552
retreats@scls.org
www.MarillacCenter.org

Lent begins with Ash Wednesday, February 14, 2018. It's the perfect time for a *Rest Stop* from your crazy-busy life! What can you expect? You will be engaged in meaningful interactive exercises, gain fresh insights from personal reflection/meditation, and benefit from stories, humor and shared spirit. Want to extend your Rest Stop? Consider coming before or after the retreat for an overnight stay at the beautiful Marillac Retreat Center.

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Leavenworth, KS 66048**

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Marillac Center

Rest Stops For Busy Women



February 24, 2018
9:30 to 4:00

**Marillac Center
4200 S. 4th Street
Leavenworth, KS 66048**

Rest Stops for Busy Women February 24, 2018 9:30 to 4:00



Do you find yourself going high-speed on the road of life? Being crazy-busy? Whizzing past sights? Missing a turn? Losing touch with your soul? Wondering if you're even on the right route? This retreat will help you pay attention to the road signs and give yourself permission to take a *Rest Stop*. With time for input, reflection and sharing, your body/mind/spirit will be grounded and energized, ready to continue your journey of life.



CATHY NEWTON is an experienced keynote speaker who has engaged audiences for 20+ years. As a former teacher, athletic coach and wellness/employee assistance coordinator, she studied the effects of risk, energy and emotional intelligence on performance issues. Through her dynamic presentations, Cathy has helped thousands of people—from HR managers to health professionals to school administrators—stretch further to handle challenges with confidence.



Schedule of the Day

9:00—Arrival

9:30 Retreat Opening

12:00 Lunch

4:00 Departure



Sister Noreen Walter, SCL is the director of Marillac Center. She has given numerous retreats and workshops. Noreen completed the Vincentian Spirituality Program in Spiritual Direction and holds a master's degree in Pastoral Studies from Loyola Marymount University.